



Heating Instructions from McEwan Catering

Please have all food brought to room temperature before reheating

these instructions are guidelines. We have these instructions based off our industrial ovens. Due to this, the cook time could be different based on the oven you use. To ensure proper doneness, test protein with a meat thermometer.

Chicken Fingers

Preheat oven to 350F and heat for 10-12 minutes. Or microwave for 2-3 minutes on High.

Chicken Parmesan

Preheat oven to 350F and heat for 10-12 minutes. Or microwave for 2-3 minutes on High.

Chicken Pot Pie

Preheat oven to 350F and heat for 10-12 minutes. Or microwave for 2-3 minutes on High.

Eggplant Parmesan

Preheat oven to 350F and heat for 10-12 minutes. Or microwave for 2-3 minutes on High.

Lamb Shepard's Pie

Preheat oven to 350F and heat for 10-12 minutes. Or microwave for 2-3 minutes on High.

Rigatoni Bolognese

Preheat oven to 350F and heat for 10-12 minutes. Or microwave for 2-3 minutes on High.

Mac and Cheese

Preheat oven to 350 F and heat for 15 minutes. Or Microwave for 5-6 minutes on High

McEwan Style Lasagna

Preheat oven to 350 F and heat for 15 minutes. Or Microwave for 5-6 minutes on High